

COURSE	DAY	TIME	Location	Lab Fee	Notes	MAX
Aikido	TR	12p - 1:30p	Du Pont Wrestling Room	none		30
Archery	MTWR	10a	Rockwell Cage North	\$15	must attend first 4 classes	14
Archery	MTWR	11a	Rockwell Cage North	\$15	must attend first 4 classes	14
Archery	MTWR	1p	Rockwell Cage North	\$15	must attend first 4 classes	14
Archery	MTWR	2p	Rockwell Cage North	\$15	must attend first 4 classes	14
Badminton	MTWR	11a	Rockwell Cage South	\$5		16
Climbing, Top Ropes	R	1p - 5p	Off Campus/MetroRock	\$110	1/14, 21, 28	19
Fencing, Sabre	MTWR	2p	duPont Fencing Room	none	must attend first 4 classes	16
GrpEx - Cycling 1	MW	12p	Alumni/Wang	none		13
GrpEx - Kickbox 1	MW	5p	duPont T-Club Lounge	none		25
GrpEx - Pilates 1	TR	5p	duPont T-Club Lounge	none		25
GrpEx - Pilates/Yoga (PiYo)	MW	8a	duPont T-Club Lounge	none		25
GrpEx - Step 1	TR	6p	duPont T-Club Lounge	none		25
GrpEx - Yoga 1	MW	6p	duPont T-Club Lounge	none		25
GrpEx - Yoga 2	TR	12p	duPont T-Club Lounge	none		25
Ice Hockey, Beginner	MW	1p - 3p	Johnson Ice Arena	\$15		20
Israeli Folk Dance	TR	2p	Alumni/Wang	none		30
Middle Eastern Dance	MW	2p - 3:30p	duPont T-Club Lounge	none		20
Pistol, Beginner	MW	1p - 3p	duPont Pistol Range	\$45	must attend first 4 classes	13
Pistol, Intermediate	TR	1p - 3p	duPont Pistol Range	\$45	must attend first 4 classes	13
Skate, Beginner	MTWR	10a	Johnson Ice Arena	\$15		20
Skate, Beginner	MTWR	11a	Johnson Ice Arena	\$15		20
Skate, Intermediate	MTWR	10a	Johnson Ice Arena	\$15		20
Skate, Intermediate	MTWR	11a	Johnson Ice Arena	\$15		20
Skate, Figure Skating	TR	1p - 3p	Johnson Ice Arena	\$15		24
Skiing Downhill/ Snowboarding	TR	5:30p - 11p	Off Campus/Nashoba Valley	\$200	Mandatory Equip Fitting Wed. Dec.9 4:30-6pm	96
Sport Taekwondo	MW	7:30p	DuPont Court #1	none		50
SCUBA Diving	TR	7p -10p	Alumni Pool	\$350	Dates: 1/5, 7,12,14, 19, 21, 26	18
Swimming, Beginner	MTWR	1p	Z Center Teaching Pool	none		14
Swimming, Beginner	TR	11a	Alumni Pool	none		14
Swimming, Beginner (Male Only)	TR	10a	Alumni Pool	none		14
Swimming, Intermediate	MTWR	2p	Z Center Teaching Pool	none		14
Tango, Beginner	TR	1:30p - 3p	MAC Court	none		30
Tango, Intermediate	TR	3p - 4:30p	MAC Court	none		30
Tennis, Beginner	MTWR	1p	Johnson Athletic Center Infield	\$5	must bring tennis racquet	16
Tennis, Beginner	MTWR	2p	Johnson Athletic Center Infield	\$5	must bring tennis racquet	16
Upgrade Your Health and Happiness - Nutrition & Fitness	MW	11a	duPont T-Club Lounge	none		20
Upgrade Your Health and Happiness - Nutrition & Fitness	MW	1p	duPont T-Club Lounge	none		20
Upgrade Your Health and Happiness - Nutrition & Fitness	MW	7p	duPont T-Club Lounge	none		20
Upgrade Your Health and Happiness - Nutrition & Fitness	TR	2p	duPont T-Club Lounge	none		20
Upgrade Your Health and Happiness - Stress Management	TR	7p	duPont T-Club Lounge	none		20
Volleyball, Beginner	MTWR	11a	Rockwell Main Court	none		20
Volleyball, Intermediate	MTWR	2p	Rockwell Main Court & South Court	none		24
Weight Training	MTWR	11a	DuPont Weight Room	none	must attend first 4 classes	18
Weight Training	MTWR	1p	DuPont Weight Room	none	must attend first 4 classes	18

**All Sections are 40 or 60 minutes unless otherwise noted**