

COURSE	DAY/TIME	Location	Lab Fee	Notes	MAX
Aquatic - SCUBA	TR 7-10p	Alumni Pool	\$350.00	Dates: 11/12, 17, 19, 24, 12/1, 3, 8	18
Aquatics - Intermediate Swim	TR 2p	Z Center Teaching pool	none		14
Aquatics - Beginner Swim	TR 1p	Z Center Teaching pool	none		14
Aquatics - Beginner Swim	MW 11a	Z Center Teaching pool	none	canceled	14
Aquatics - Beginner Swim	MW 2p	Z Center Teaching pool	none		14
Archery	MW 11a	Rockwell Cage North	\$15.00	must attend first 4 classes	14
Archery	MW 1p	Rockwell Cage North	\$15.00	must attend first 4 classes	14
Archery	MW 2p	Rockwell Cage - North	\$15.00	must attend first 4 classes	14
Archery	MW 2p	Rockwell Cage Norht	\$15.00	must attend first 4 classes	14
Archery	TR 2p	Rockwell Cage - North	\$15.00	must attend first 4 classes	14
Badminton-Beginner	MW 11a	Rockwell Cage South	\$5.00		16
Badminton-Beginner	MW 1p	Rockwell Cage South	\$5.00		16
Badminton-Beginner	MW 2p	Rockwell Cage South	\$5.00		16
Badminton-Beginner	TR 11a	Rockwell Cage South	\$5.00		16
Badminton-Beginner	TR 1p	Rockwell Cage South	\$5.00		16
Badminton-Beginner	TR 2p	Rockwell Cage South	\$5.00		16
Basketball	TR 2p	duPont Gym #1 and #2	none		25
Fencing-Foil	TR 1p	duPont Fencing room	none	must attend first 4 classes	18
Fencing-Sabre	MW 1p	duPont Fencing room	none	must attend first 4 classes	18
Grp X Pilates	TR 5p	duPont T-Club Lounge	none		30
GrpEx Bootcamp 1	MW 5p	Z Center MAC	none		30
GrpEx Cycling	TR 12p	Alumni Spin dome	none		12
GrpEx Step 1	MW 6p	duPont T-Club Lounge	none		30
GrpEx Yoga 1	MW 5p	duPont T-Club Lounge	none		30
GrpEx Yoga 1	TR 12p	duPont T-Club Lounge	none		30
GrpEx Yoga 2	TR 6p	duPont T-Club Lounge	none		30
Pistol 1	MW 1p	duPont Range	\$45.00	must attend first 4 classes	15
Pistol 1	MW 2p	duPont Range	\$45.00	must attend first 4 classes	15
Pistol 1	TR 11a	duPont Range	\$45.00	must attend first 4 classes	15
Pistol 1	TR 1p	duPont Range	\$45.00	must attend first 4 classes	15
Pistol 2	TR 2p	duPont Range	\$45.00	must attend first 4 classes	15
PiYo	TR 8a	duPont T-Club Lounge	none		30
Skate - Hockey	TR 11a	Johnson Rink	\$15.00		30
Skating-Intermediate	MW 11a	Johnson Rink	\$15.00		20
Skating-Intermediate	MW 1p	Johnson Rink	\$15.00		20
Skating-Intermediate	MW 2p	Johnson Rink	\$15.00		20
Skating-Intermediate	TR 11a	Johnson Rink	\$15.00		20
Skating-Intermediate	TR 1p	Johnson Rink	\$15.00		20
Skating-Beg	MW 11a	Johnson Rink	\$15.00		20
Skating-Beg	MW 1p	Johnson Rink	\$15.00		20
Skating-Beg	MW 2p	Johnson Rink	\$15.00		20
Skating-Beg	MW 2p	Johnson Rink	\$15.00	must attend first 4 classes	16
Skating-Beg	TR 11a	Johnson Rink	\$15.00		20
Skating-Beg	TR 1p	Johnson Rink	\$15.00		20
Tennis	MW 2p	Johnson 3rd floor infield of track	\$5.00	Must bring tennis racquet	16
Tennis-Beginner	TR 1p	Johnson 3rd floor infield of track	\$5.00	Bring tennis racquet	16
Tennis-Beginning	TR 2p	Johnson 3rd floor infield of track	\$5.00	Bring tennis racquet	16
Tennis-Intermediate	TR 11a	Johnson 3rd floor infield of track	\$5.00	Bring tennis racquet	16
Upgrade Your Health & Happiness - Fit/Nut	TR 11a	duPont T-Club Lounge	none		20
Upgrade Your Health & Happiness - Fit/Nut	TR 2p	duPont T-Club Lounge	none		20
Upgrade Your Health & Happiness - Stress management	TR 1p	duPont T-Club Lounge	none		20
Upgrade Your Health & Happiness Fit/Nut	MW 11a	duPont T-Club Lounge	none		20
Upgrade Your Health & Happiness Fit/Nut	MW 1p	duPont T-Club Lounge	none	canceled	20
Weight Training	MW 1p	duPont Weight room	none	must attend first 4 classes	18
Weight Training	MW 2p	duPont Weight room	none	must attend first 4 classes	18
Weight Training	TR 1p	duPont Weight room	none	must attend first 4 classes	16
Weight Training	TR 2p	duPont Weight room	none	must attend first 4 classes	16