

Tentative Q3 Schedule

Mon, Feb 13- Thurs, Mar 22

No class Mon 2/20

Switch day 2/21 Mon Classes are held on this Tues

Rev 1/28/2012

Title	Capacity	Day	Time	Location	Notes	Fee
Archery	14	MW	11:00 AM	Rockwell Cage North	Students must attend first 4 classes.	\$15.00
Archery	14	MW	1:00 PM	Rockwell Cage North	Students must attend first 4 classes.	\$15.00
Archery	14	MW	2:00 PM	Rockwell Cage North	Students must attend first 4 classes.	\$15.00
Archery	14	TR	11:00 AM	Rockwell Cage North	Students must attend first 4 classes.	\$15.00
Archery	14	TR	1:00 PM	Rockwell Cage North	Students must attend first 4 classes.	\$15.00
Archery	14	TR	2:00 PM	Rockwell Cage North	Students must attend first 4 classes.	\$15.00
Backpacking and Hiking	10	F	8:00 AM	Off Campus	Availability April 14, 15, 16 (Patriots' Day Weekend) Sat 8am-Mon 7pm. Backpacking and hiking trip to the White Mountains, NH. Includes all equipment, 2 nights lodging, transportation, 6 meals, and instruction. \$275 billed to student account. Confirm by Friday, March 2 at 12 noon (PE office will send link).	\$275.00
Badminton	16	MW	11:00 AM	Rockwell Cage South	None	\$5.00
Badminton	16	MW	1:00 PM	Rockwell Cage South	None	\$5.00
Badminton	16	TR	1:00 PM	Rockwell Cage South	None	\$5.00
Badminton, Intermediate	16	TR	11:00 AM	Rockwell Cage South	Beginner Badminton or equivalent	\$5.00
Ballroom	25	MW	7:00 PM	Du Pont T Club Lounge	None	None
Basketball	25	TR	1:00 PM	Du Pont Court 1	None	None
Broomball	30	TR	11:00 AM	Johnson Ice Rink	None	\$10.00
Chemistry of the Body	20	R	4:00 PM	Other	Registration through ESG - ES.010	None
Fencing, Foil	16	MW	2:00 PM	Du Pont Fencing Room	Students must attend first 4 classes.	\$0.00
Fencing, Sabre	16	TR	2:00 PM	Du Pont Fencing Room	Students must attend first 4 classes.	\$0.00
Fitness / Stress Management	18	MW	1:00 PM	Du Pont Multi-Purpose Room	None	None
Fitness/Nutrition	18	MW	7:00 PM	Du Pont Multi-Purpose Room	None	None
Fitness/Nutrition	18	TR	1:00 PM	Du Pont Multi-Purpose Room	None	None
Group Exercise - Boot Camp for Athletes	20	MW	2:00 PM	Johnson Indoor Track	Timed mile: 9 minute mile or less Push ups in 1 minute: 25 or more Body-Weight squats in 1 minute: 30 or more Full sit ups in 1 minute: 30 or more	\$10.00
Group Exercise - Boot Camp for Athletes	20	TR	2:00 PM	Johnson Indoor Track	Timed mile: 9 minute mile or less Push ups in 1 minute: 25 or more Body-Weight squats in 1 minute: 30 or more Full sit ups in 1 minute: 30 or more	\$10.00
Group Exercise - Zumba	25	MW	9:00 AM	Du Pont T Club Lounge	None	None
Group Exercise - Cycling 1	12	TR	12:00 PM	Wang Fitness, Spin Dome Area	Workout clothes	None
Group Exercise - Kickbox 1	25	TR	5:00 PM	Du Pont T Club Lounge	Workout clothes	None
Group Exercise - Pilates 1	25	TR	6:00 PM	Du Pont T Club Lounge	Workout clothes	None
Group Exercise - Pilates/Yoga (PiYo)	25	TR	9:00 AM	Du Pont T Club Lounge	Workout clothes	None
Group Exercise - Step 1	25	MW	6:00 PM	Du Pont T Club Lounge	Workout clothes	None
Group Exercise - Yoga 1	25	MW	5:00 PM	Du Pont T Club Lounge	Workout clothes	None
Group Exercise - Yoga 1	25	TR	12:00 PM	Du Pont T Club Lounge	Workout clothes	None
Gymnastics - Tumbling	20	MW	2:00 PM	Du Pont Court 3 (Gymnastics)	None	\$0.00
Hip Hop	25	MW	11:00 AM	Du Pont T Club Lounge	None	None
Ice Hockey, Beginner	20	TR	2:00 PM	Johnson Ice Rink	Beginner skate or equivalent	\$15.00
Jogging/Running	20	MW	1:00 PM	Johnson Indoor Track	Meet in Z Center Media Room (W35-199) for 1st class.	None
Pistol, Beginner	14	MW	1:00 PM	Du Pont Pistol Range	Students must attend first 4 classes.	\$45.00
Pistol, Beginner	14	MW	2:00 PM	Du Pont Pistol Range	Students must attend first 4 classes.	\$45.00
Pistol, Beginner	14	TR	1:00 PM	Du Pont Pistol Range	Students must attend first 4 classes.	\$45.00
Pistol, Beginner	14	TR	2:00 PM	Du Pont Pistol Range	Students must attend first 4 classes.	\$45.00
Rifle	12	MW	11:00 AM	Du Pont Pistol Range	Students must attend first 4 classes.	\$45.00
Rifle	12	TR	11:00 AM	Du Pont Pistol Range	Students must attend first 4 classes.	\$45.00
SCUBA Diving	18	R	7:00 PM	Alumni Pool 25 yard	Must pass SCUBA pre-test on first day of class (200 yard swim and tread water for 10 minutes); must be 18 years of age. The fee for this course is \$350. Note there is a \$175 non-refundable deposit upon registering for this course. Meets Thursdays 2/16, 23, 3/1, 8, 15, 22 & 4/5 Confirm by Friday, Feb 10 at 12 noon (PE office will send link).	\$350.00
SCUBA Diving	18	T	7:00 PM	Alumni Pool 25 yard	Must pass SCUBA pre-test on first day of class (200 yard swim and tread water for 10 minutes); must be 18 years of age. The fee for this course is \$350. Note there is a \$175 non-refundable deposit upon registering for this course. Meets Tuesdays 2/14, 28, 3/6, 13, 20, 4/3, & 10 Confirm by Friday, Feb 10 at 12 noon (PE office will send link).	\$350.00
Self-Defense for Women	20	TR	1:00 PM	Du Pont Wrestling Room	This is an all female course.	None
Self-Defense RAD	8	S	12:00 PM	Other	This is an all female course.	None
Self-Defense RAD	8	S	12:00 PM	Other	This is an all female course.	None
Skate, Beginner	20	MW	11:00 AM	Johnson Ice Rink 1	None	\$15.00
Skate, Beginner	20	MW	1:00 PM	Johnson Ice Rink 1	None	\$15.00
Skate, Beginner	20	MW	2:00 PM	Johnson Ice Rink 1	None	\$15.00
Skate, Beginner	20	TR	1:00 PM	Johnson Ice Rink 1	None	\$15.00
Skate, Intermediate	20	MW	11:00 AM	Johnson Ice Rink 2	Beginner skate or equivalent	\$15.00
Skate, Intermediate	20	MW	1:00 PM	Johnson Ice Rink 2	Beginner skate or equivalent	\$15.00
Skate, Intermediate	20	MW	2:00 PM	Johnson Ice Rink 2	Beginner skate or equivalent	\$15.00
Skate, Intermediate	20	TR	1:00 PM	Johnson Ice Rink 2	Beginner skate or equivalent	\$15.00
Soccer - Indoor	15	TR	2:00 PM	Zesiger MAC Court	Court shoes recommended.	None
Squash, Beginner	14	MW	1:00 PM	Zesiger Squash Courts	Students must have non-marking court shoes: white or gum soled shoes.	\$5.00
Squash, Beginner	14	MW	2:00 PM	Zesiger Squash Courts	Students must have non-marking court shoes: white or gum soled shoes.	\$5.00
Squash, Beginner	14	TR	1:00 PM	Zesiger Squash Courts	Students must have non-marking court shoes: white or gum soled shoes.	\$5.00
Swimming, Beginner	14	MW	1:00 PM	Zesiger Teaching Pool	Suit needed, goggles recommended	None
Swimming, Beginner	14	MW	2:00 PM	Zesiger Teaching Pool	Suit needed, goggles recommended	None
Swimming, Beginner	14	TR	2:00 PM	Zesiger Teaching Pool	Suit needed, goggles recommended	None
Swing	25	TR	11:00 AM	Du Pont T Club Lounge	None	None
Tennis, Beginner	16	TR	11:00 AM	Johnson Infield	Must wear court shoes.	\$5.00
Tennis, Beginner	16	TR	3:00 PM	Johnson Infield	Must wear court shoes.	\$5.00
Tennis, Intermediate	16	MW	11:00 AM	Johnson Infield	Students must be able to serve and sustain a rally. Must wear court shoes.	\$5.00
Top Ropes Climbing	19	F	2:00 PM	Off Campus	Availability Fridays 2pm-6pm, February 24, March 2 and 9. Must confirm by Wed, Feb 15, 2012 (PE Office will send link). \$110 fee includes instruction, equipment, and transportation. Note: there is a \$55 non-refundable fee for this course.	\$110.00
Weight Training	18	MW	1:00 PM	Du Pont Varsity Weight Room	Students must attend first 4 classes and bring handout printed from Stellar to class.	None
Weight Training	18	MW	2:00 PM	Du Pont Varsity Weight Room	Students must attend first 4 classes and bring handout printed from Stellar to class.	None
Weight Training	18	TR	1:00 PM	Du Pont Varsity Weight Room	Students must attend first 4 classes and bring handout printed from Stellar to class.	None
Weight Training	18	TR	2:00 PM	Du Pont Varsity Weight Room	Students must attend first 4 classes and bring handout printed from Stellar to class.	None
Yoga/Stress Management	18	TR	8:00 PM	Du Pont Multi-Purpose Room	None	None